

# REGISTRATION FORM

Please fill in the DATE you are registering for on the line provided:

- \_\_\_\_\_ **Group, Peer Supervision**      Members: \$119 / Non-Members: \$139
- \_\_\_\_\_ **Trauma Informed Supervision**      Members: \$119 / Non-Members: \$139
- \_\_\_\_\_ **Ethics in Supervision**      Members: \$119 / Non-Members: \$139
- \_\_\_\_\_ **Audio—Eval. & Assessment**      Members: \$110 / Non-Members: \$130
- \_\_\_\_\_ **Audio—Effective Strategies**      Members: \$110 / Non-Members: \$130

TOTAL \_\_\_\_\_

### Payment Options:

- Check enclosed payable to:  Credit Card  
*Illinois Mental Health Counselors (Master Card, VISA, AMEX, Discover)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

License # \_\_\_\_\_

Email Address \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ V-Code\* \_\_\_\_\_

Signature \_\_\_\_\_

\*MC/Visa/Discover: Last 3 Digit# on signature panel on back of card. AMEX: 4-digit# above account # on face of card.

### Registration Options:

Online: [www.IMHCA.org](http://www.IMHCA.org)      By Phone: (815) 787-0515

By Mail: P.O. Box 706      By Fax: (815) 787-0505  
DeKalb, IL 60115

Continuing Education Hours: This program is recognized as providing 6.0 CE Hours for LPC/LCPC and LSW/ LCSW (IDFPR license # 159-000650) LMFT (IDFPR license # 168-000148) and Lic Psychologist (IDFPR license # 268-000009) and by the NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-Approved Clock Hours for events that meet NBCC requirements. The ACAP solely is responsible for all aspects of the program. (Provider No. 6274). IL State Board of Education Provider Code: 102295, 6 PDs

Confirmation / Directions: Upon receipt of the registration form, we will email confirmation letters and a location map. Maps are also available on our website. <http://www.imhca.org>

Refund policy: Registrations, Worry free cancellation. Cancel any time prior to the training for any reason and receive a full refund. NCMHCE Trainings: Registrations, cancelled can be refunded minus a \$50 fee. The e-book component of the workshop cannot be returned. Upon cancellation, registrants will retain the e-book. Workshops may be cancelled or rescheduled due to circumstances beyond our control. IMHCA is not responsible for any loss or damage as a result of substitution, alteration, or cancellation of an event. IMHCA shall assume no liability whatsoever in the event that a workshop is cancelled, rescheduled or postponed due to a fortuitous event, Act of God, unforeseen occurrences or any other event that renders performance of this conference impracticable, illegal or impossible. For purposes of this clause, a fortuitous event shall include, but not be limited to: war, fire, labor strike, extreme weather or other emergency. IMHCA will make every effort to offer a substitution event in the case IMHCA cancels because of a fortuitous event or Act of God. Proof of IMHCA Membership: To receive the member discount you need to be a current member of ICA and the IMHCA division. If you are unsure, please call and we can verify your membership status.

Registration Deadlines: Registrations must be received by the IMHCA office one week prior to the workshop. Space is limited in each workshop.

Non-Profit Organization  
U.S. Postage Paid  
Permit #90  
DeKalb, IL 60115



PO Box 706 v DeKalb, IL 60115

CLINICAL SUPERVISION SERIES  
NEW DATES & LOCATIONS



[www.IMHCA.org](http://www.IMHCA.org)



IDFPR Counselor Licensure Act  
Section 137.5.220 Continuing Education Requirements  
All ICPs are required to complete 18 hours in clinical supervision training of the 30 continuing education hours required. This is a one time (lifetime) requirement.

# CLINICAL SUPERVISION WORKSHOPS

SEE INSIDE FOR NEW DATES

ALSO TRY OUR

AUDIO PROGRAM  
HOME STUDIES

SAVE ON GAS, TIME, AND PARKING.

(See details inside)

VIRTUAL OPTIONS  
AVAILABLE

SPONSORED BY:



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PO Box 706 v DeKalb, IL 60115  
[www.IMHCA.org](http://www.IMHCA.org)

# WORKSHOPS

## Trauma Informed Supervision: Strategies to Avoid Burnout (6 CE Hours)

Presenter: Dr. Toni Tollerud

### Learning Objectives:

As a result of participating in this workshop, professionals will:

1. Review the critical factors of a trauma-informed system of care and how this informs clinical supervision
2. Develop a comprehensive understanding of the effects and complexity of trauma, its potential behavioral manifestations and best practices to address the needs of clients
3. Understand and recognize trauma as interpersonal and sociopolitical agent in supervision
4. Consider the intersectionality of gender, race, and class, in the creation of a trauma-informed system of care and how this needs to align with the mission of social justice in clinical supervision
5. Analyze how reflective supervision can be used to reduce re-traumatization and reinforce personal integrity

## Group, Peer, and Triadic Clinical Supervision Strategies: Best Practices (6 CE Hours)

Presenter: Dr. Toni Tollerud

Peer supervision allows licensed professionals to pursue activities around counseling and supervision issues salient to supervision practices. Triadic supervision, which is approved by the Council for Accreditation of Counseling and Related Educational Programs, enables supervisors to work with two supervisees simultaneously in supervision.

This workshop will explore these alternative approaches to the traditional one-to-one individual supervision.

Effective strategies and best practices for each approach will be reviewed and practiced. There will be opportunities to see examples and critique the role of the supervisor

## Addressing Ethics and Best Practices in Supervision (6 CE Hours)

Presenter: Dr. Toni Tollerud

This workshop will focus on professional ethics and best practices that are critical for counselors, social workers, and other professional therapists/clinicians who work in a school or clinical setting as supervisors, or who receive supervision. It is the responsibility of supervisors, and the art of supervision, to help insure that professional therapists are effectively equipped with the necessary skills and knowledge to deliver competent and ethical services. It also emphasizes the responsibility of the profession to protect the welfare of every client. Supervision is an integral part of training and continuing education for professionals. This workshop will review supervision best practices by providing current information, review policies and procedures, and highlight intentional interventions for supervisors. This will include ethical and legal concerns for planning the supervision sessions, building a strong supervisory relationship, assuring informed consent, documenting supervision sessions, and evaluating supervisee progress. Opportunity to practice the skills through role play and scenarios will occur.

### Learning Objectives:

1. Review and discuss ethical and legal standards as they relate to the profession organized around 6 best practice areas:
  - The content of supervision
  - Conduct of supervision
  - The supervisory relationship
  - Supervisor and supervisee responsibilities
  - Evaluation, remediation, endorsement, and documentation in supervision
  - The use of technology in supervision
2. Review a model for ethical decision making and analyze its effectiveness
3. Differentiate between supervision and consultation
4. Explore the elements of developing a sound contract or disclosure statement as a part of the supervisory relationship
5. Review good note taking
6. Learn about and discuss recent legislation in the state that has ethical implications for clinicians in Illinois

## Effective Strategies in Supervision (6 CE Hours)

Presenter: Dr. Toni Tollerud – available as Audio Program\*

### Specific Topics:

- ✓ What is supervision?
- ✓ Differences in settings, roles, expectations, and evaluation for pre-graduated supervisees and beginning professionals
- ✓ Roles of effective supervisors
- ✓ Expectations of supervisor/supervisee
- ✓ Selecting a preferred style for supervision and understanding of the discrimination model as a starting point
- ✓ The supervisor as learner in the discrimination model
- ✓ Effective planning for the supervision session
- ✓ The art and importance of process in supervision
- ✓ Ethical concerns and vignettes pertinent for the beginning supervisor
- ✓ Little: Methods and Techniques, The Supervisory Relationship

\*Audio Programs available for "Effective Strategies in Supervision" and "Evaluation and Assessment in Counseling Supervision" workshops. Each audio program package includes: an audio recording of the workshop, 6 CE hours, and a workshop handout. The audio is a live, digitally mastered and edited recording of the workshop. Receive a \$25 discount when you order both. The price per workshop is \$110 for members or \$130 non-members. Call IMHCA to order at 815.787.0515 or order online in our store [www.imhca.org](http://www.imhca.org). Each workshop provides 6 CE hours of the 18 CE hours required for ALL LCPCs in Clinical Supervision training. IDFPR Section 1375.220 Continuing Education.

## Evaluation and Assessment In Counseling Supervision (6 CE Hours)

Presenter: Dr. Toni Tollerud – available as Audio Program\*

### Specific Topics:

- ✓ Difficult supervisees; games and how to counter act them
- ✓ Help participants define their own model or preferred style
- ✓ Boundaries and dual relationships
- ✓ Evaluation of pre-graduates versus evaluation of professionals over time
- ✓ Competence issues – growing as a supervisor
- ✓ Research impacting supervision
- ✓ Advanced ethical issues – legal concerns and liability



Toni R. Tollerud, PhD, LCPC, NCC, NCSC, ACS,

Toni R. Tollerud is a Distinguished Teaching Professor Emerita in the College of Education at Northern Illinois University. As an educator for over 48 years, Dr. Tollerud has had extensive experiences in supervision training including student teachers, school counselors, agency counselors, and counselors-in-training.

These experiences have been beneficial in helping to develop the supervision course at NIU as well as doing numerous presentations around the state and at conferences on issues related to supervision. Over the past 30 years she has consistently taught core courses, especially in supervision, ethics, and counseling skills. Participants in her classes and workshops come away enthused and informed regarding the ways they can improve their own supervisory skills and relationships.

Dr. Tollerud is a Past-President of the Illinois Counseling Association, North Central Association of Counselor Educators and Supervisors, and the Illinois Counselor Educators and Supervisors. She has received numerous awards for her professional work including the Illinois Mental Health Counselors Association Outstanding Service Award in 2006, the IMHCA Impact Award in 2019, Illinois Counselor Educators' Educator Lifetime Achievement Award in 2014, and the ICA Distinguished Leadership Award in 2010. She has published numerous articles and book chapters on counseling issues. She is a Licensed Clinical Professional Counselor, National Certified Counselor, National Certified School Counselor, Approved Clinical Supervisor, and a graduate of the University of Iowa. She also holds certificates for elementary and secondary teaching and school counseling for the State of Illinois.

PRESENTER

# DATES/LOCATIONS

- Tue. 6/29/21 Group, Peer and Triadic Clinical Supervision Strategies: Best Practices (6 CE Hours)  
Live Online Webinar-not recorded
- Tue. 9/14/21 Trauma Informed Supervision: Strategies to Avoid Burnout (6 CE Hours)  
Live Online Webinar-not recorded

- Tue. 11/16/21 Addressing Ethics and Best Practices in Supervision 6 CE (qualifies for social worker Ethics CE)

Location - TBA

# SCHEDULE

Workshop Sign-In .....	8:30 a.m.	-	9:00 a.m.
Workshop .....	9:00 a.m.	-	12:00 p.m.
Lunch (on your own) .....	12:00 p.m.	-	1:00 p.m.
Workshop .....	1:00 p.m.	-	4:00 p.m.



“ I am happily surprised at what an easy fit supervision is to my personality. I am **excited** to pursue this new avenue further... ”

“ [Legal and Ethical Issues in Counseling Supervision] makes me feel more **comfortable** about the idea of supervising. ”

“ Dr. Tollerud has such a **comprehensive** knowledge base. She teaches in a comfortable rhythm – calm – no intensity or pressure. It’s easy to take in information. ”

“ The **clarity** of information presented and the varying modes of instruction, lecture, film, Q&A and practice sessions were excellent. ”