

REGISTRATION FORM

Please fill in the DATE you are registering for on the line provided:

_____ Adv. Issues in Supervision	Members: \$119 / Non-Members: \$139
_____ Eval. and Assessment	Members: \$119 / Non-Members: \$139
_____ Group, Peer & Triadic	Members: \$119 / Non-Members: \$139
_____ Audio—Eval. & Assessment	Members: \$110 / Non-Members: \$130
_____ Audio—Effective Strategies	Members: \$110 / Non-Members: \$130

TOTAL _____

Payment Options:

Check enclosed payable to: Credit Card
 Illinois Mental Health Counselors (Master Card, VISA, AMEX, Discover)

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Expiration Date _____ V-Code* _____

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*MC/Visa/Discover: Last 3 Digit# on signature panel on back of card. AMEX: 4-digit# above account # on face of card.

Registration Options:

Online: www.IMHCA.org By Phone: (815) 787-0515

By Mail: P.O. Box 706 By Fax: (815) 787-0505
DeKalb, IL 60115

Continuing Education Hours: This program is recognized as providing 6.0 CE Hours for: LPC/LCPC and LSW/LCSW (IDFPR license # 159-000650) LMFT (IDFPR license # 168-000148) and Lic Psychologist (IDFPR license # 268-000009). IMHCA has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6274. Programs that do not qualify for NBCC credit are clearly identified. IMHCA is solely responsible for all aspects of the program.

Confirmation / Directions: Upon receipt of the registration form, we will email confirmation letters and a location map. Maps are also available on our website. <http://www.imhca.org>

Refund policy: Registrations, cancelled before seven days prior to the workshops, can be refunded minus a \$20 administration fee. No refunds can be made seven days prior to the workshops. Workshops may be cancelled or rescheduled due to inadequate registration or other circumstances beyond our control. If IMHCA cancels a workshop due to inadequate registration, you will receive a full refund. IMHCA is not responsible for any loss or damage as a result of substitution, alteration, or cancellation of an event. IMHCA shall assume no liability whatsoever in the event that a workshop is cancelled, rescheduled or postponed due to fortuitous event, Act of God, unforeseen occurrences or any other event that renders performance of this conference impracticable, illegal or impossible. For purposes of this clause, a fortuitous event shall include, but not be limited to: war, fire, labor strike, extreme weather or other emergency. IMHCA will make every effort to offer a substitution event in the case IMHCA cancels because of a fortuitous event or Act of God.

Proof of IMHCA Membership: To receive the member discount you need to be a current member of ICA and the IMHCA division. If you are unsure, please call and we can verify your membership status.

Registration Deadlines: Registrations must be received by the IMHCA office one week prior to the workshop. Space is limited in each workshop.

Non-Profit Organization
U.S. Postage Paid
Permit #90
DeKalb, IL 60115



PO Box 706 v DeKalb, IL 60115

IDFPR Counselor Licensure Act
Section 1375.220 Continuing Education Requirements
All LPCs are required to complete 18 hours in clinical supervision training of the 30 continuing education hours required. This is a one time (lifetime) requirement.

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(See details inside)

SPONSORED BY:



815.787.0515 v fx 815.787.0505
PO Box 706 v DeKalb, IL 60115
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WORKSHOPS

Group, Peer and Triadic Supervision Strategies: Best Practices (6 CE's)

Presenter: Dr. Toni Tollerud

Specific Topics:

Clinical supervision is an integral component to the training and development of professionals in the field of professional counseling. There are many ways to accomplish this goal. It is believed that group supervision offers supervisees with an important and unique learning context. It can provide a supportive environment where peers are able to share similar concerns and explore common skills and goals. Peer supervision allows licensed professionals to pursue activities around counseling and supervision issues salient to supervision practices. Triadic supervision,

which is approved by the Council for Accreditation of Counseling and Related Educational Programs, enables supervisors to work with two supervisees simultaneously in supervision.

This workshop will explore these alternative approaches to the traditional one-to-one individual supervision. Effective strategies and best practices for each approach will be reviewed and practiced. There will be opportunities to see examples and critique the role of the supervisor.

Addressing Advanced Issues In Counseling Supervision (6 CE's)

Presenter: Dr. Toni Tollerud

Specific Topics:

Effective supervision and counseling
Establishing a healthy supervisory relationship
Defining and indicating ways to identify impairment

Prevention strategies including:
• Supervisee role induction
• Contracting
• Due Process

Assessing Boundaries and the Supervisory Relationship (6 CE's)

Presenter: Dr. Toni Tollerud

Specific Topics:

What relationship skills are necessary for the supervisor?
Role conflict and role ambiguity
Parallel process
Skill building interventions
Helping the supervisee to choose effective interventions

Evaluation Assessments - formative and summative evaluation
Essence of good feedback
Importance of understanding differences between the supervisor and supervisee regarding gender, race, ethnicity, SES, sexual orientation, religion, and more

Addressing Ethics and Best Practices in Supervision (6 CE's)

Presenter: Dr. Toni Tollerud

Specific Topics:

This workshop will focus on professional ethics and best practices that are critical for counselors, social workers, and other professional therapists/clinicians who work in a school or clinical setting as supervisors, or who receive supervision. It is the responsibility of supervisors, and the art of supervision, to help insure that professional therapists are effectively equipped with the necessary skills and knowledge to deliver competent and ethical services. It also emphasizes the responsibility of the profession to protect the welfare of every client. Supervision is an integral part of training

and continuing education for professionals. This workshop will review supervision best practices by providing current information, review policies and procedures, and highlight intentional interventions for supervisors. This will include ethical and legal concerns for planning the supervision sessions, building a strong supervisory relationship, assuring informed consent, documenting supervision sessions, and evaluating supervisee progress.

Evaluation and Assessment In Counseling Supervision (6 CE's)

Presenter: Dr. Toni Tollerud – available as Audio Program*

Specific Topics:

Difficult supervisees; games and how to counteract them
Help participants define their own model or preferred style
Boundaries and dual relationships

Evaluation of pre-graduates versus evaluation of professionals over time
Competence issues – growing as a supervisor
Research impacting supervision
Advanced ethical issues – legal concerns and liability

Effective Strategies in Supervision (6 CE's)

Presenter: Dr. Toni Tollerud – available as Audio Program*

Specific Topics:

What is supervision?
Differences in settings, roles, expectations, and evaluation for pre-graduated supervisees and beginning professionals
Roles of effective supervisors
Expectations of supervisor/supervisee
Selecting a preferred style for supervision and understanding of the discrimination model as a starting point

The supervisor as learner in the discrimination model
Effective planning for the supervision session
The art and importance of process in supervision
Ethical concerns and vignettes pertinent for the beginning supervisor
Little: Methods and Techniques, The Supervisory Relationship

PRESENTER



Toni R. Tollerud,
PhD, LCPC, NCC, NCSC, ACS

Toni R. Tollerud, PhD, LCPC, NCC, NCSC, ACS, is a Presidential Teaching Professor of Counseling in the Department of Counseling, Adult and Higher Education at Northern Illinois University. As an educator for over 43 years, Dr. Tollerud has had extensive experiences in supervision training including student teachers, school counselors, agency counselors, and counselors-in-training.

These experiences have been beneficial in helping to develop the supervision course at NIU as well as doing numerous presentations around the state and at conferences on issues related to supervision. Over the past 23 years she has consistently taught core courses, especially in supervision, practicum, internship and counseling skills. Participants in her classes and workshops come away enthused and informed regarding ways they can improve their own supervisory skills and relationships.

Dr. Tollerud is Past-President of the Illinois Counseling Association, North Central Association of Counselor Educators and Supervisors, and the Illinois Counselor Educators and Supervisors. She has received numerous awards for her professional work including the Illinois Mental Health Counselors Association Outstanding Service Award in 2006, Illinois Counselor Educators' Educator of the Year Award in 2003 and the ICADistinguished Leadership Award in 2010. She has published numerous articles and book chapters on counseling issues. She is a Licensed Clinical Professional Counselor, National Certified Counselor, National Certified School Counselor, approved Clinical Supervisor, and a graduate of the University of Iowa. She also holds certificates for elementary and secondary teaching and school counseling for the State of Illinois.

*Audio Programs available for "Effective Strategies in Supervision" and "Evaluation and Assessment in Counseling Supervision" workshops. Each audio program package includes: an audio recording of the workshop, 6 CE hours, and a workshop handout. The audio is live, digitally mastered and edited recording of the workshop. Receive a \$25 discount when you order both. The price per workshop is \$110 for members or \$130 non-members. Call IHMCA to order at 815.787.0515. Each workshop provides 6 CE's of the 18 CE's required for ALL LCPC's in Clinical Supervision training. IDFP Section 1375.220 Continuing Education.

DATES / LOCATIONS

- Wed. 9/27/17 Assessing Boundaries and the Supervisory Relationship (6CEs)
NIU Naperville • 1120 East Diehl Rd • Naperville, IL
Room: 265 • 9:00 AM - 4:00 PM (CDT)
- Thurs. 11/16/17 Addressing Ethics and Best Practices in Supervision (6CEs)
Hyatt Place Itasca • 150 N. Arlington Heights Roads • Itasca, IL
Room: Meeting Place 1 & 2 • 9:00 AM - 4:00 PM (CDT)
- Fri. 12/08/17 Group, Peer, and Triadic Clinical Supervision Strategies: Best Practices (6CEs)
Loyola Chicago • 25 East Pearson St. • Chicago, IL
Room: TBA • 9:00 AM - 4:00 PM (CDT)
- Wed. 3/07/18 Addressing Ethics and Best Practices in Supervision (6CEs)
NIU Naperville • 1120 E Diehl Rd. • Naperville, IL
Room: 260 • 9:00 AM - 4:00 PM (CDT)
- Tues. 4/17/18 Addressing Advanced Issues in Counseling Supervision (6CEs)
Doubletree Skokie • 9599 Skokie Blvd • Skokie, IL
Room: 260 • 9:00 AM - 4:00 PM (CDT)

SCHEDULE

- Workshop Sign-In 8:30 a.m. - 9:00 a.m.
- Workshop 9:00 a.m. - 12:00 p.m.
- Lunch (on your own) 12:00 p.m. - 1:00 p.m.
- Workshop 1:00 p.m. - 4:00 p.m.



“ I am happily surprised at what an easy fit supervision is to my personality. I am **excited** to pursue this new avenue further... ”

“ [Legal and Ethical Issues in Counseling Supervision] makes me feel more **comfortable** about the idea of supervising. ”

“ Dr. Tollerud has such a **comprehensive** knowledge base. She teaches in a comfortable rhythm – calm – no intensity or pressure. It's easy to take in information. ”

“ The **clarity** of information presented and the varying modes of instruction, lecture, film, Q&A and practice sessions were excellent. ”